

EXPLORING

SUMMER WATER INTAKE

IN HORSES

HORSES MAY NEED UP TO 30 GALLONS OF WATER PER DAY DEPENDING ON HEAT, HUMIDITY AND EXERCISE.



maintenance horses will drink a minimum of 5-15 gallons of water per day

STIMULATING THIRST

- 5lbs of Hay Better Stimulates Thirst Compared to 5lbs of Grain
- Supplement with Electrolytes
- Free Choice Salt Block to help meet the minimum requirement of 2oz per day.



SIGNS OF DEHYDRATION

BEHAVIORAL SIGNS

- Lack of Focus
- Lack of Concentration
- Fatigue
- No Interest in Drinking
- No Interest in Eating

PHYSIOLOGICAL SIGNS

Elevated Body Temperature

Normal 99° - 101° F
 If Rectal Temp is over 102° F,
 Do Not Continue with Exercise

Elevated Heart Rate

Normal 18-44 Beats per Minute

Elevated Respiratory Rate

Normal: 10-24 Breaths per Minute

TYPICAL WEIGHT (SWEAT) LOSS AFTER EXERCISE



2 TEST FOR DEHYDRATION

CAPILLARY REFILL TIME

How To: Press upper gum, pressure point will become lighter in color

COLOR RETURNS IN...	HYDRATION LEVEL
2 SECONDS	HYDRATED
3+ SECONDS	DEHYDRATED

SKIN PINCH TEST

How To: Pinch skin near point of shoulder

SKIN SNAPS BACK IN...	HYDRATION LEVEL
<1 SECONDS	HYDRATED
2-4 SECONDS	DEHYDRATED
4+ SECONDS	DEHYDRATED



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